Financial Assistance now available to attend the Adult Day Program in the beautiful Presidio!

Thanks to a generous donation from Mt. Zion Health Fund, Institute on Aging's Companioa is now offering a discounted daily rate for our Adult Day Program at IOA's Enrichment Center in the Presidio. San Francisco residents living with dementia may qualify for this new funding!

IOA's Companioa Adult Day Program offers social, cognitive, and physical activities for individuals living with dementia, allowing them to remain engaged and connected to the community while providing caregivers with a muchneeded break. Participants often see improved mood, an increase in mind and body activity, slowed cognitive decline, better sleep and wake patterns, as well as a reduction in isolation and loneliness.

All scholarship funds must be accessed by December 31, 2023 – so act quickly! Call IOA at 415.750.4111 and reference "Mt. Zion Health Fund Grant" for a pre-screening.

Companioa

Comprehensive Dementia Services by Institute on Aging

**Companioa** is an integrated group of programs designed to support individuals living with dementia and their caregivers. Specialized services include **Caregiver Coaching**, **Care Management**, **Home Care** and the **Adult Day Program at the Enrichment Center in the Presidio**.

ioaging.org/companioa





Institute on Aging